

For any eye problem your first port of call should be an optometrist. An optometrist is the best person to assess urgent eye problems, check for eye disorders and treat eye conditions. They have the professional training and necessary equipment to assess most eye problems and will refer you to see a specialist when necessary. All appointments are NHS funded.

This service can be used for any concerns you may have with the health of your eyes including (but not limited to):

Red eye(s)	Something in your eye
Sore eye(s)	Eye infections
Deterioration of eyesight	Other disturbance of eyesight
Cataracts	Scatched eye(s)

If you already have your own optometrist you should contact them in the first instance as having previous clinical records is very useful.

If you do not already have an optometrist there is a list of those in the local area on the back of this sheet. Please contact them and they will arrange to see you. You can also choose to visit any optometrist providing NHS services for treatment.

Note that when you contact the optometrist of your choice their staff will assess your symptoms and offer you an appropriate appointment. The time you will have to wait will depend on the severity and duration of your symptoms. Emergency problems will be seen quickly. If your problem is urgent and they cannot manage to see you they will find someone who can.

After the appointment they may send you to a local pharmacy or request a prescription from your GP for appropriate medication or, if necessary, refer you to a hospital specialist. A report will be sent to your GP so they have a complete record.

Lothian Eye Health Network Practices – SOUTH EAST EDINBURGH

20/20 Opticians 17 Queen Street Edinburgh EH2 1JX 0131 225 1222	Birrell Rainford Optometrists 15 William Street Edinburgh EH3 7NG 0131 226 7833	Black & Lizars 98 Lothian Road Edinburgh EH3 9BE 0131 229 7738	Black & Lizars 20 Frederick Street Edinburgh EH2 2JR 0131 257 4257
Boots Opticians Ltd 101-103 Princes Street Edinburgh EH2 3AA 0131 225 6397	Boots Opticians Ltd 13B Cameron Toll Centre 6/5 Lady Road Edinburgh EH16 5PB 0131 664 2545	Browns Opticians 19 Clerk Street Edinburgh EH8 9JH 0131 667 3563	Cameron Optometry 5 St Vincent Street Edinburgh EH3 6SW 0131 225 2235
Eyes Optometrist & Opticians 63 Thistle Street Edinburgh EH2 1DY 0131 225 4004	JGS Brown 30 Elder Street Edinburgh EH1 3DX 0131 557 3531	Lyndsay Brown 27B Marchmont Road Edinburgh EH9 1HY 0131 229 8043	McGrath's Opticians 11 Queensferry Street Edinburgh EH2 4PG 0131 225 7029
Optical Express Unit 34B Cameron Toll Centre Edinburgh EH16 5PB 0131 666 0066	Optical Express 23 Shandwick Place Edinburgh EH2 4RG 0131 228 3334	R C Cunning 114 Bruntsfield Place Edinburgh EH10 4EQ 0131 229 9829	Rifkind & Brophy Opticians 247A Morningside Road Edinburgh EH10 4QU 0131 447 2165
S R Hyslop 40 Home Street Edinburgh EH3 9LZ 0131 229 7651	Specsavers Opticians 14-16 Shandwick Place Edinburgh EH2 4AN 0131 240 8860	Specsavers Opticians 27 North Bridge Edinburgh EH1 1SB 0131 558 5260	Specsavers Opticians 302 Morningside Road Edinburgh EH10 4QH 0131 446 9960
Specsavers Opticians Unit 34 Cameron Toll Centre Edinburgh EH16 5BB 0131 672 9210	Spex Opticians 37 Drum Street Edinburgh EH17 8RQ 0131 666 0366	The Frame Zone 6A St Patrick Street Edinburgh EH8 9HB 0131 662 1006	The Opticians At Marchmont 26 Warrender Park Road Edinburgh EH9 1JG 0131 662 9440
Trotters Opticians 44 George Street Edinburgh EH2 2LE 0131 225 4805	Vision Express 24 Frederick Street Edinburgh EH2 2JS 0131 556 5656	Vision Express 151 Morningside Road Edinburgh EH10 4QL 0131 447 9000	Vitality Optical Care 5/3 Bristo Square Edinburgh EH8 9AL 0131 629 1120